

Ready to Play

By Gerard O' Connor 2007

"Ready to play" is a complete guide to organising and managing activities in club Nursery settings.

The book describes how to:

- ▷ Plan for Coaching.
- ▷ Develop your Coaching Structure.
- ▷ Manage your Coaching Team.
- ▷ Design rules for your Club Nursery Programme.

It provides over thirty top tips and advice from experienced coaches as well as useful practical advice for your

nursery activities. It is your job as a coach to ensure that practice time is put to the best possible use. This resource explains how to improve coaching practice and explores models to help coaches become better organised and more effective.

"Ready To Play" has focused on the core elements of nursery coaching which, when followed, will provide a practical, effective and most importantly, fun and safe environment for children to play GAA sports.

"Ready to Play" is a tremendous resource that has been well presented with very practical advice".

Philip Kerr Ulster Master Tutor & Author of "Prepare to Win"

"This book is a wonderfully informative piece, concise, colourful and will be hugely valuable and useful".

Liam Moggan National Coaching and Training Centre



only
€10

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